

SAFETY DATA SHEET



Revision date 23-Dec-2020

Revision Number 1

1. Identification

Product identifier

Product Name Nutmeg Essential Oil

Other means of identification

Product Code(s) RM00151

Synonyms None

Recommended use of the chemical and restrictions on use

Recommended use Consumer use

Restrictions on use For external use only

Details of the supplier of the safety data sheet

Supplier Address

Plant Therapy, LLC
621 Washington St. S., Suite 100
Twin Falls, ID 83301 USA

Emergency telephone number

Company Phone Number 208-735-2413

Emergency Telephone 800-917-6577

2. Hazard(s) identification

Classification

Skin sensitization	Category 1
Germ cell mutagenicity	Category 2
Carcinogenicity	Category 2
Aspiration hazard	Category 1
Flammable liquids	Category 3

Hazards not otherwise classified (HNOC)

Not applicable

Label elements

Danger

Hazard statements

May cause an allergic skin reaction

Suspected of causing genetic defects
 Suspected of causing cancer
 May be fatal if swallowed and enters airways
 Flammable liquid and vapor



Appearance Liquid

Physical state Liquid

Odor Characteristic

Precautionary Statements - Prevention

Obtain special instructions before use
 Do not handle until all safety precautions have been read and understood
 Wear protective gloves/protective clothing/eye protection/face protection
 Avoid breathing dust/fume/gas/mist/vapors/spray
 Contaminated work clothing must not be allowed out of the workplace
 Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking
 Keep container tightly closed
 Ground/bond container and receiving equipment
 Use explosion-proof electrical/ ventilating / lighting/ .? / equipment
 Use only non-sparking tools
 Take precautionary measures against static discharge

Precautionary Statements - Response

IF exposed or concerned: Get medical advice/attention
 Specific treatment (see .? on this label)
 If skin irritation or rash occurs: Get medical advice/attention
 Wash contaminated clothing before reuse
 IF ON SKIN (or hair): Take off immediately all contaminated clothing. Rinse skin with water/ shower
 IF SWALLOWED: Immediately call a POISON CENTER or doctor
 Do NOT induce vomiting
 In case of fire: Use CO2, dry chemical, or foam to extinguish

Precautionary Statements - Storage

Store locked up
 Store in a well-ventilated place. Keep cool

Precautionary Statements - Disposal

Dispose of contents/container to an approved waste disposal plant

Other information

May be harmful if swallowed. Toxic to aquatic life with long lasting effects. Toxic to aquatic life.

3. Composition/information on ingredients

Substance

Chemical name	CAS No	Weight-%	Trade secret
Nutmeg Essential Oil	8008-45-5	100	*

*The exact percentage (concentration) of composition has been withheld as a trade secret.

4. First-aid measures

Description of first aid measures

General advice	IF exposed or concerned: Get medical advice/attention. Immediate medical attention is required. Show this safety data sheet to the doctor in attendance.
Inhalation	Aspiration into lungs can produce severe lung damage. If breathing has stopped, give artificial respiration. Get medical attention immediately. Remove to fresh air. Avoid direct contact with skin. Use barrier to give mouth-to-mouth resuscitation. If breathing is difficult, (trained personnel should) give oxygen. Get immediate medical advice/attention. Delayed pulmonary edema may occur.
Eye contact	Rinse immediately with plenty of water, also under the eyelids, for at least 15 minutes. Keep eye wide open while rinsing. Do not rub affected area.
Skin contact	Wash off immediately with soap and plenty of water while removing all contaminated clothes and shoes. May cause an allergic skin reaction. In the case of skin irritation or allergic reactions see a physician.
Ingestion	ASPIRATION HAZARD IF SWALLOWED - CAN ENTER LUNGS AND CAUSE DAMAGE. Do NOT induce vomiting. If vomiting occurs spontaneously, keep head below hips to prevent aspiration. Clean mouth with water and drink afterwards plenty of water. Never give anything by mouth to an unconscious person. Get immediate medical advice/attention.
Self-protection of the first aider	Remove all sources of ignition. See section 8 for more information. Ensure that medical personnel are aware of the material(s) involved, take precautions to protect themselves and prevent spread of contamination. Avoid direct contact with skin. Use barrier to give mouth-to-mouth resuscitation. Use personal protective equipment as required.

Most important symptoms and effects, both acute and delayed

Symptoms Itching. Rashes. Hives. Difficulty in breathing. Coughing and/ or wheezing. Dizziness.

Indication of any immediate medical attention and special treatment needed

Note to physicians May cause sensitization in susceptible persons. Treat symptomatically. Because of the danger of aspiration, emesis or gastric lavage should not be employed unless the risk is justified by the presence of additional toxic substances.

5. Fire-fighting measures

Suitable Extinguishing Media Large Fire	Dry chemical. Carbon dioxide (CO ₂). Water spray. Alcohol resistant foam. CAUTION: Use of water spray when fighting fire may be inefficient.
Unsuitable extinguishing media	Do not scatter spilled material with high pressure water streams.
Specific hazards arising from the chemical	Risk of ignition. Keep product and empty container away from heat and sources of ignition. In the event of fire, cool tanks with water spray. Fire residues and contaminated fire extinguishing water must be disposed of in accordance with local regulations. Product is or contains a sensitizer. May cause sensitization by skin contact.
Explosion data	
Sensitivity to mechanical impact	None.
Sensitivity to static discharge	Yes.
Special protective equipment for fire-fighters	Firefighters should wear self-contained breathing apparatus and full firefighting turnout gear. Use personal protection equipment.

6. Accidental release measures**Personal precautions, protective equipment and emergency procedures**

Personal precautions See section 8 for more information. ELIMINATE all ignition sources (no smoking, flares, sparks or flames in immediate area). Pay attention to flashback. Take precautionary measures against static discharges. All equipment used when handling the product must be grounded. Do not touch or walk through spilled material. Avoid contact with skin, eyes or clothing. Evacuate personnel to safe areas. Keep people away from and upwind of spill/leak. Ensure adequate ventilation. Use personal protective equipment as required.

Other information Ventilate the area. Refer to protective measures listed in Sections 7 and 8.

Methods and material for containment and cleaning up

Methods for containment Stop leak if you can do it without risk. Do not touch or walk through spilled material. A vapor suppressing foam may be used to reduce vapors. Dike far ahead of spill to collect runoff water. Keep out of drains, sewers, ditches and waterways. Absorb with earth, sand or other non-combustible material and transfer to containers for later disposal.

Methods for cleaning up Take precautionary measures against static discharges. Dam up. Soak up with inert absorbent material. Pick up and transfer to properly labeled containers.

7. Handling and storage

Precautions for safe handling

Advice on safe handling Use personal protection equipment. Avoid breathing vapors or mists. Keep away from heat, hot surfaces, sparks, open flames and other ignition sources. No smoking. Use grounding and bonding connection when transferring this material to prevent static discharge, fire or explosion. Use with local exhaust ventilation. Use spark-proof tools and explosion-proof equipment. Keep in an area equipped with sprinklers. Use according to package label instructions. In case of insufficient ventilation, wear suitable respiratory equipment. Take off contaminated clothing and wash before reuse. Do not eat, drink or smoke when using this product. Remove contaminated clothing and shoes. Handle in accordance with good industrial hygiene and safety practice. Avoid contact with skin, eyes or clothing.

Conditions for safe storage, including any incompatibilities

Storage Conditions Keep away from heat, sparks, flame and other sources of ignition (i.e., pilot lights, electric motors and static electricity). Keep in properly labeled containers. Do not store near combustible materials. Keep in an area equipped with sprinklers. Store in accordance with the particular national regulations. Store in accordance with local regulations. Keep containers tightly closed in a dry, cool and well-ventilated place. Store locked up. Keep out of the reach of children. Store away from other materials.

8. Exposure controls/personal protection

Control parameters

Exposure Limits The following ingredients are the only ingredients of the product above the cut-off level (or level that contributes to the hazard classification of the mixture) which have an exposure limit applicable in the region for which this safety data sheet is intended or other recommended limit. At this time, the other relevant constituents have no known exposure limits from the sources listed here.

Appropriate engineering controls

Engineering controls Showers
Eyewash stations
Ventilation systems.

Individual protection measures, such as personal protective equipment

Eye/face protection	Tight sealing safety goggles.
Hand protection	Impervious gloves. Wear suitable gloves.
Skin and body protection	Long sleeved clothing. Chemical resistant apron. Antistatic boots. Wear suitable protective clothing.
Respiratory protection	No protective equipment is needed under normal use conditions. If exposure limits are exceeded or irritation is experienced, ventilation and evacuation may be required.
General hygiene considerations	Contaminated work clothing should not be allowed out of the workplace. Regular cleaning of equipment, work area and clothing is recommended. Do not eat, drink or smoke when using this product. Wash hands before breaks and immediately after handling the product.

9. Physical and chemical properties**Information on basic physical and chemical properties**

Physical state	Liquid
Appearance	Liquid
Color	Characteristic
Odor	Characteristic
Odor threshold	No information available

Property	Values	Remarks • Method
pH	No data available	None known
Melting point / freezing point	No data available	None known
Boiling point / boiling range	No data available	None known
Flash point	40 °C / 104 °F	None known
Evaporation rate	No data available	None known
Flammability (solid, gas)	No data available	None known
Flammability Limit in Air		None known
Upper flammability or explosive limits	No data available	
Lower flammability or explosive limits	No data available	
Vapor pressure	No data available	None known
Vapor density	No data available	None known
Relative density	0.860 - 0.919	None known
Water solubility	No data available	None known
Solubility(ies)	No data available	None known
Partition coefficient	No data available	None known
Autoignition temperature	No data available	None known
Decomposition temperature		None known
Kinematic viscosity	No data available	None known
Dynamic viscosity	No data available	None known

Other information

Explosive properties	No information available
Oxidizing properties	No information available
Softening point	No information available
Molecular weight	No information available
VOC Content (%)	No information available
Liquid Density	No information available
Bulk density	No information available

10. Stability and reactivity

Reactivity	No information available.
Chemical stability	Stable under normal conditions.
Possibility of hazardous reactions	None under normal processing.
Conditions to avoid	Heat, flames and sparks.
Incompatible materials	None known based on information supplied.
Hazardous decomposition products	None known based on information supplied.

11. Toxicological information

Information on likely routes of exposure

Product Information

Inhalation	Specific test data for the substance or mixture is not available. Aspiration into lungs can produce severe lung damage. May cause pulmonary edema. Pulmonary edema can be fatal. May cause irritation of respiratory tract.
Eye contact	Specific test data for the substance or mixture is not available. May cause irritation.
Skin contact	May cause sensitization by skin contact. Specific test data for the substance or mixture is not available. Repeated or prolonged skin contact may cause allergic reactions with susceptible persons. (based on components). Repeated exposure may cause skin dryness or cracking.
Ingestion	Specific test data for the substance or mixture is not available. Potential for aspiration if swallowed. May cause lung damage if swallowed. Aspiration may cause pulmonary edema and pneumonitis. May be fatal if swallowed and enters airways.

Symptoms related to the physical, chemical and toxicological characteristics

Symptoms Itching. Rashes. Hives. Difficulty in breathing. Coughing and/ or wheezing. Dizziness.

Acute toxicity

Numerical measures of toxicity

Component Information

Chemical name	Oral LD50	Dermal LD50	Inhalation LC50
Nutmeg Essential Oil 8008-45-5	= 2620 mg/kg (Rat)	> 10 g/kg (Rabbit)	-

Delayed and immediate effects as well as chronic effects from short and long-term exposure

Skin corrosion/irritation	No information available.
Serious eye damage/eye irritation	No information available.
Respiratory or skin sensitization	May cause sensitization by skin contact.
Germ cell mutagenicity	Contains a known or suspected mutagen. Classification based on data available for ingredients. Suspected of causing genetic defects.
Reproductive toxicity	No information available.
STOT - single exposure	No information available.
STOT - repeated exposure	No information available.
Aspiration hazard	May be fatal if swallowed and enters airways.

Other adverse effects No information available.

Interactive effects No information available.

12. Ecological information

Ecotoxicity Toxic to aquatic life. Toxic to aquatic life with long lasting effects.

Persistence and degradability No information available.
Bioaccumulation There is no data for this product.

Other adverse effects No information available.

13. Disposal considerations

Waste treatment methods

Waste from residues/unused products Should not be released into the environment. Dispose of in accordance with local regulations. Dispose of waste in accordance with environmental legislation.

Contaminated packaging Empty containers pose a potential fire and explosion hazard. Do not cut, puncture or weld containers.

14. Transport information

DOT

UN/ID no UN1993
Proper shipping name Flammable liquids, n.o.s.
Hazard class 3
Packing group III

TDG

UN/ID no UN1993
Proper shipping name Flammable liquid, n.o.s.
Hazard class 3
Packing group III

IATA

UN number UN1993
UN proper shipping name Flammable liquid, n.o.s.
Transport hazard class(es) 3
Packing group III
Civil Aeronautics Act Flammable liquids

IMDG

UN number UN1993
UN proper shipping name Flammable liquid, n.o.s.
Transport hazard class(es) 3
Packing group III
Marine pollutant P
Description Myristica Fragrans
MFAG-No 127;128

15. Regulatory information

International Inventories

TSCA Complies

Chemical name	CAS No	US TSCA Inventory listing	US TSCA active/inactive designation
Nutmeg Essential Oil	8008-45-5	Present	Active

DSL/NDSL Complies
EINECS/ELINCS Does not comply
ENCS Does not comply
IECSC Complies
KECL Complies
PICCS Complies
AICS Complies

Legend:

TSCA - United States Toxic Substances Control Act Section 8(b) Inventory
DSL/NDSL - Canadian Domestic Substances List/Non-Domestic Substances List
EINECS/ELINCS - European Inventory of Existing Chemical Substances/European List of Notified Chemical Substances
ENCS - Japan Existing and New Chemical Substances
IECSC - China Inventory of Existing Chemical Substances
KECL - Korean Existing and Evaluated Chemical Substances
PICCS - Philippines Inventory of Chemicals and Chemical Substances
AICS - Australian Inventory of Chemical Substances

US Federal Regulations**SARA 313**

Section 313 of Title III of the Superfund Amendments and Reauthorization Act of 1986 (SARA). This product does not contain any chemicals which are subject to the reporting requirements of the Act and Title 40 of the Code of Federal Regulations, Part 372.

SARA 311/312 Hazard Categories

Should this product meet EPCRA 311/312 Tier reporting criteria at 40 CFR 370, refer to Section 2 of this SDS for appropriate classifications.

CWA (Clean Water Act)

This product does not contain any substances regulated as pollutants pursuant to the Clean Water Act (40 CFR 122.21 and 40 CFR 122.42).

CERCLA

This material, as supplied, does not contain any substances regulated as hazardous substances under the Comprehensive Environmental Response Compensation and Liability Act (CERCLA) (40 CFR 302) or the Superfund Amendments and Reauthorization Act (SARA) (40 CFR 355). There may be specific reporting requirements at the local, regional, or state level pertaining to releases of this material.

US State Regulations**California Proposition 65**

This product does not contain any Proposition 65 chemicals.

U.S. State Right-to-Know Regulations**U.S. EPA Label Information**

EPA Pesticide Registration Number Not applicable

16. Other information

NFPA	Health hazards 2	Flammability 2	Instability 0	Physical and chemical properties -
HMIS	Health hazards * 2	Flammability 2	Physical hazards 0	Personal protection X
<i>Chronic Hazard Star Legend</i>	<i>* = Chronic Health Hazard</i>			

Key or legend to abbreviations and acronyms used in the safety data sheet**Legend Section 8: EXPOSURE CONTROLS/PERSONAL PROTECTION**

TWA	TWA (time-weighted average)	STEL	STEL (Short Term Exposure Limit)
Ceiling	Maximum limit value	*	Skin designation

Key literature references and sources for data used to compile the SDS

Agency for Toxic Substances and Disease Registry (ATSDR)
 U.S. Environmental Protection Agency ChemView Database
 European Food Safety Authority (EFSA)
 EPA (Environmental Protection Agency)
 Acute Exposure Guideline Level(s) (AEGl(s))
 U.S. Environmental Protection Agency Federal Insecticide, Fungicide, and Rodenticide Act
 U.S. Environmental Protection Agency High Production Volume Chemicals
 Food Research Journal
 Hazardous Substance Database
 International Uniform Chemical Information Database (IUCLID)
 Japan GHS Classification
 Australia National Industrial Chemicals Notification and Assessment Scheme (NICNAS)
 NIOSH (National Institute for Occupational Safety and Health)
 National Library of Medicine's ChemID Plus (NLM CIP)
 National Library of Medicine's PubMed database (NLM PUBMED)
 National Toxicology Program (NTP)
 New Zealand's Chemical Classification and Information Database (CCID)
 Organization for Economic Co-operation and Development Environment, Health, and Safety Publications
 Organization for Economic Co-operation and Development High Production Volume Chemicals Program
 Organization for Economic Co-operation and Development Screening Information Data Set
 World Health Organization

Revision date 23-Dec-2020**Revision Note** No information available.**Disclaimer**

The information provided in this Safety Data Sheet is correct to the best of our knowledge, information and belief at the date of its publication. The information given is designed only as a guidance for safe handling, use, processing, storage, transportation, disposal and release and is not to be considered a warranty or quality specification. The information relates only to the specific material designated and may not be valid for such material used in combination with any other materials or in any process, unless specified in the text.

End of Safety Data Sheet